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WHAT ARE NATURE-BASED SOLUTIONS?

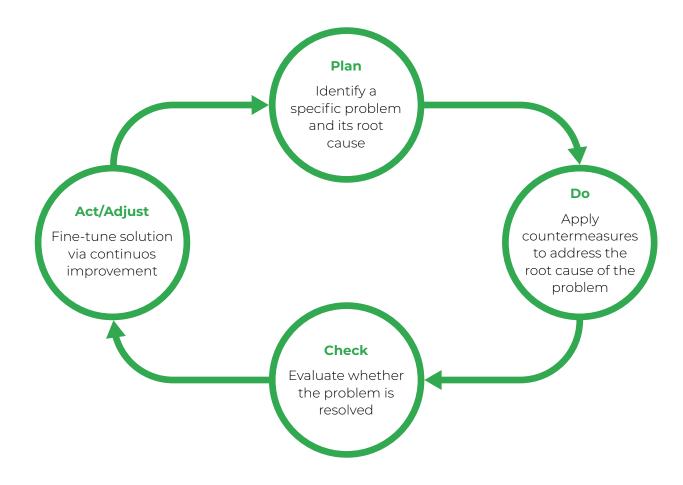
Nature-based solutions (NBS) are actions to protect, conserve, restore, sustainably use and manage natural or modified ecosystems¹. NBS are co-created systems that utilise natural features and ecosystem-based processes to effectively and adaptively address social, economic and environmental challenges. In other words, NBS are able to protect, manage or restore ecosystems and

their services, thereby addressing a multitude of urban challenges posed by the world's changing climate and rapid urbanisation. These innovative solutions bring more diverse nature and natural features and processes into cities, landscapes and seascapes, thereby creating more sustainable and resilient societies.

ADAPTIVE MANAGEMENT OF NATURE-BASED SOLUTION PROJECTS

Adaptive management is an iterative process for managing the whole lifecycle of a nature-based solutions project. The process of co-creating, implementing, monitoring and co-managing NBS is cyclical, thus requiring continuous evaluation and feedback at every stage in the process and identifying

needed adjustments for reaching the targets and objectives. The adaptive management cycle, or the PLAN-DO-CHECK-ACT cycle, aims to learn from the past actions to improve or adjust next steps and future planning of similar projects.



 $[\]textbf{1.} \ \text{https://www.naturebasedsolutions initiative.org/news/united-nations-environment-assembly-nature-based-solutions-definition/learned-solutions-definition-d$

In its five summary documents of key resources for the adoption of NBS, the UNaLab project is presenting its main tools, handbooks, reports, lessons learnt and experiences that can be used by various stakeholders in the different phases of the adaptive management cycle. The aim of these summary

documents is to introduce urban stakeholders to resources that can provide them with inspiration, ideas, knowledge and practical tools in the different phases of the PLANDO-CHECK-ACT cycle, ultimately advancing the adoption of NBS in their cities.

RESOURCES PRESENTED IN THIS SUMMARY DOCUMENT

The resources presented in this summary document are relevant to the ACT/ADJUST phase. This phase is about continuously improving and reviewing. During the ACT/ADJUST phase, the impacts of nature-based solutions interventions are quantified

against the baseline and the initial objectives. This phase contributes to roadmapping, replication and upscaling activities, and identifying necessary measures to act upon the outcomes.



THE UNALAB PROJECT IN A NUTSHELL

The EU-funded UNaLab project is contributing to the development of smarter, more inclusive, more resilient and more sustainable urban communities through the implementation of nature-based solutions, which are co-created with and for local stakeholders and citizens.

Our three front-runner cities - Eindhoven, Tampere and Genova - are through the establishment of Urban Living Labs demonstration areas experimenting, demonstrating and evaluating a range of different nature-based solutions addressing climate- and water-related urban challenges. The front-runner cities actively collaborate and share their experiences with our seven follower cities - Stavanger, Prague, Castellón, Cannes, Başakşehir, Hong Kong and Buenos Aires – as well as our two observers - Guangzhou and the Brazilian Network of Smart Cities.

The project results will contribute to the growing evidence base on benefits, cost-effectiveness, economic viability and replicability of nature-based solutions, which will guide cities across Europe and beyond in developing and implementing their own co-creative nature-based solutions.

IMPACTS OF NATURE-BASED SOLUTIONS

NBS performance and impact monitoring protocols



TYPE OF RESOURCE:

Handbook



TARGETED STAKEHOLDERS:

Practitioners, scientific/research/academic community



LINK TO THIS RESOURCE:

https://unalab.eu/system/files/2020-02/d31-nbs-performance-and-impact-monito-ring-report2020-02-17.pdf

INTRODUCTION TO THE RESOURCE

The Performance and Impact Monitoring of Nature-based Solutions is a living handbook that provides guidance to cities for the monitoring of nature-based solutions. It introduces good monitoring practices, guides the process of indicator selection, and outlines the steps needed to acquire and process the data. The handbook presents key performance and key impact indicators and metrics grouped by societal challenges for transparent monitoring and impact assessment of nature-based solutions. The contents of this handbook contributed to the development of Evaluating the Impact of Nature-based Solutions: A Handbook for Practitioners publication, and its final version is to be found in the UNaLab NBS Implementation Handbook (to be published in November 2022).

DESCRIPTION OF THE RESOURCE

The handbook aims to provide clear information on NBS monitoring with respect to what is measured, how is it measured, and what is the 'big picture' significance of the measurement. It discusses the NBS baseline establishment and design of NBS monitoring plans, and provides a suite of relevant key performance and key impact indicators and metrics. Careful design and implementation of NBS monitoring facilitates comparison across different locations and generates evidence on NBS performance and impact. The handbook primarily targets NBS practitioners, and scientific, research and academic communities involved in de-

veloping and implementing the monitoring strategies and impact assessment (such as qualitative, quantitative, or statistical analyses). In the ACT/ADJUST phase, certain parts of the handbook may need be consulted again to adjust previous actions such as the monitoring plans and key performance and impact indicators.

EXPECTED IMPACT

Nature-based solutions have emerged as innovative and transforming solutions that can contribute to regenerating urban areas. To facilitate their financing and uptake, replication in other locations and environments, and upscaling, it is necessary to establish evidence on their long-term performance and impact. Monitoring helps understanding whether the implemented NBS achieve the intended outcomes, and what needs to be adjusted to maximise its impact. Adopting common indicators and methods for their assessment leads to a more comprehensive comparison across locations at various scales, and in different socio-economic contexts. Documented NBS performance is a straightforward way to influence policies, decision-making and an array of other activities directly influencing local adaptation to the impacts of climate change.

NBS performance and impact modelling protocols



TYPE OF RESOURCE:

User quide



TARGETED STAKEHOLDERS:

Technical users, practitioners



LINK TO THIS RESOURCE:

https://unalab.eu/en/documents/d32-systemic-decision-support-tool-user-guide-for-municipalities

INTRODUCTION TO THE RESOURCE

The Systemic Decision Support Tool (SDST) allows to assess, ex-ante, the direct and indirect impacts of NBS measures (individual NBS) and strategies (suites of NBS) on urban heat and air quality, flooding and water quality, and sprawl, gentrification and real-estate valuation. The Systemic Decision Support Tool User Guide for Municipalities contains a technical user guide that provides a technical description of the SDST approach, including its structure, disciplinary component models and data organisation, as well as a practitioners' user quide that describes those stages of the NBS co-creation process that are essential for the preparation and use of the SDST.

DESCRIPTION OF THE RESOURCE

From a technical user's perspective, the SDST integrates and builds upon data and information from disciplinary component models into a spatially-explicit framework at the landscape scale. Input and output data is organised and stored in a geodatabase. containing results for the reference baseline scenario (2015) as well as for the NBS scenarios under baseline (2030) and future (2050) conditions across spatial scales (local, neighbourhood and city). This systematic data organisation and storage allows the NBS Simulation Visualisation Tool (NBS-SVT), i.e. the user-interface of the SDST, to efficiently locate and retrieve data from the geodatabase server, according to the selected year, scenario and scale.

From a practitioner's perspective, the preparation and use of the SDST forms an integral part of a nature-based solutions project. In the ACT/ADJUST phase, the most desirable

solutions are co-implemented based on the assessment in previous phases of their multiple impacts, benefits and co-benefits using the NBS-SVT.

EXPECTED IMPACT

Sustainable urban landscape development requires decision-making that acknowledges the complex environmental, social and economic interactions that occur in landscapes. Thereby, scientific knowledge should inform stakeholders in the decision-making process regarding what to protect, sustain and/or develop. Active participation of stakeholders from the beginning of the planning process is crucial, especially in the situation where facts are uncertain, values are in dispute, stakes are high and decisions are urgent. The SDST allows to experiment with different NBS measures/strategies, assess their effectiveness and evaluate their multiple impacts as to, in turn, decide on the most desirable NBS to be implemented. Thus, the underlying principle of the SDST is that NBS are co-created in a transparent, transdisciplinary, multi-stakeholder and participatory context as well as systematically incorporated into urban landscape planning. It aims to facilitate the participatory planning process and public discussion by improving stakeholder awareness about the multiple impacts of NBS. Hence, the SDST enriches public discussion, adds transparency and increases public benefits.

REVIEWING ACTIONS AND SCENARIOS

City Performance Monitor



TYPE OF RESOURCE:

Digital tool



TARGETED STAKEHOLDERS:

Municipalities, citizens, businesses



LINK TO THIS RESOURCE:

https://unalab.eng.it/cpm_v2/

INTRODUCTION TO THE RESOURCE

The City Performance Monitor (CPM) is the performance analytics and monitoring tool used by the UNaLab project cities. It increases stakeholder and citizen awareness of

urban conditions through an easy-to-understand representation of the effectiveness of the nature-based solutions (NBS) implemented in the city using social, environmental and economic performance indicators.



DESCRIPTION OF THE RESOURCE

The CPM exploits the city's data sources - including IOT sensor devices, open data platforms and legacy services - to obtain environmental measures and to calculate indicators for the social, environmental and economic conditions of the city, and the effectiveness of the implemented NBS in addressing these issues. During the ACT/ADJUST phase of an NBS project, decision-makers, with the assistance of volunteers and experts, can evaluate the opportunity to fine tune or create additional indicators to better monitor and evaluate the urban conditions.

EXPECTED IMPACT

The CPM will provide an easy-to-understand

representation of indicators allowing the involvement of non-expert users and volunteers in the monitoring and evaluation activities. The CPM will therefore give them an active role in co-creating and co-monitoring urban solutions including nature-based solutions.

The rapid exponential development and the concurrent reduction in costs for pervasive technologies will enable a rapid increase in the deployment of monitoring devices in cities. The CPM will facilitate the elaboration of key performance indicators based on the huge amount of data produced by the increasing number of sensors and will allow city managers to have a more reliable holistic vision of the urban environment.

NBS Systemic Decision Support Tool



TYPE OF RESOURCE:

Digital tool



TARGETED STAKEHOLDERS:

Municipalities, citizens, businesses



LINK TO THIS RESOURCE:

http://unalab.eng.it/nbssvt_v4/

INTRODUCTION TO THE RESOURCE

The Systemic Decision Support Tool (SDST), and associated NBS Simulation Visualisation Tool (NBS-SVT), allows stakeholders to compare and visualise the potential direct and indirect environmental, social and economic impacts of nature-based solutions scenarios without (2030) and with (2050) climate change and/or population growth relative to the reference baseline situation (2015). Hence, the SDST integrates and builds upon data and information from disciplinary component models into a spatially-explicit framework at the landscape scale to assess the direct and indirect impacts, benefits and co-benefits of NBS measures (individual NBS) and strategies (suites of NBS) on urban heat and air quality, flooding and water quality, as well as sprawl, gentrification and real-estate valuation.

DESCRIPTION OF THE RESOURCE

The SDST practitioners' user guide describes the stages of the NBS co-creation process that are essential for the preparation and use of the SDST. In the ACT/ADJUST phase, the most desirable solutions are co-implemented based on the assessment in the previous phases of their multiple impacts, benefits and co-benefits using the NBS-SVT.

The SDST technical user guide provides a technical description of the SDST approach, including its structure, disciplinary component models and data organisation. It thereby builds upon data and information from disciplinary component models into a spatially-explicit framework at the land-scape scale, to assess the direct and indirect impacts of NBS measures and strategies on urban heat and air quality, flooding and water quality, and sprawl, gentrification and

real-estate valuation.

EXPECTED IMPACT

The SDST aims to facilitate the participatory planning process and public discussion by improving stakeholder awareness about the multiple direct and indirect impacts, benefits and co-benefits of NBS. The SDST maps the spatial distribution as well as quantifies the size and value of the multiple direct and indirect impacts of NBS at the local, neighbourhood and city scale. Hence, beyond obtaining insight in the multiple impacts, benefits and co-benefits of NBS, it allows to evaluate how these impacts and benefits are distributed across the landscape and corresponding stakeholders. Making this information available to stakeholders allows NBS to be co-created in a transparent, transdisciplinary, multi-stakeholder and participatory context as well as to be systematically incorporated into urban landscape planning. Thus, the SDST/NBS-SVT enriches the public discussion, adds transparency and increases public benefits.

NBS Simulation Visualisation Tool



TYPE OF RESOURCE:

Digital tool



TARGETED STAKEHOLDERS:

Municipalities, citizens, businesses



LINK TO THIS RESOURCE:

http://unalab.eng.it/nbssvt_v4/

INTRODUCTION TO THE RESOURCE

The NBS Simulation Visualisation Tool (NBS-SVT), which constitutes the user-interface of the Systemic Decision Support Tool (SDST), is developed as an internet-based browser application for interactive touch tables/scre-

ens to provide powerful geo-visualisation tools for participatory planning. It allows urban planners and stakeholders to visualise, compare and discuss the potential direct and indirect environmental, social and economic impacts of nature-based solutions measures and strategies in the face of global change.



DESCRIPTION OF THE RESOURCE

During the ACT/ADJUST phase of an NBS project, stakeholders can interact with the NBS-SVT to evaluate the need for modification of existing NBS measures and strategies. The tool can also support decision-making with regard to NBS replication and upscaling.

EXPECTED IMPACT

The NBS-SVT provides easy-to-understand representation of simulated impact indicators, allowing the involvement of experts, non-experts and the wider public in the decision-making processes. Hence, the NBS-SVT will facilitate their active role in co-creating and co-monitoring nature-based solutions to address urban problems.

ADAPT, UPSCALE AND REPLICATE NATURE-BASED SOLUTIONS

Nature-based Solutions Implementation Handbook



TYPE OF RESOURCE:

Handbook



TARGETED STAKEHOLDERS:

Municipalities, practitioners, scientific/research/academic community



LINK TO THIS RESOURCE:

Public version of the handbook to be published in November 2022

INTRODUCTION TO THE RESOURCE

The Nature-based Solutions Implementation Handbook aims to provide guidance on the NBS implementation process from co-creation, through governance and monitoring to co-management. It collects, aligns, and integrates the UNaLab project outputs to inform and inspire the replication of nature-based solutions. The handbook builds on other UNaLab resources, such as the Nature-based Solutions Performance and Impact Monitoring and Nature-based Solutions Technical Handbook, and is based on joint work of the EU-funded NBS projects and experiences from the UNaLab front-runner cities. Additionally, the handbook incorporates the IUCN standards for design and assessment of NBS and aligns this framework with the Key Performance Indicators identified by the UNaLab project and/ or the NBS Impact Evaluation Framework.

DESCRIPTION OF THE RESOURCE

The handbook can be used by practitioners and scientific, research and academic communities involved in NBS planning, implementation, monitoring and maintenance. It discusses all essential parts of the NBS project lifecycle, aiming to provide a holistic representation of the required considerations. The handbook reviews the NBS co-creation process to address specific local challenges and provides guidance on NBS technical specifications as well as updates to the Nature-Based Solutions Technical Handbook as the basis for designing the NBS interventions. It discusses the NBS mo-

nitoring strategies and considerations and guides the selection of appropriate indicators for tracking progress towards reaching the objectives. Further, it aligns the IUCN global standards with indicators, introduces ways to manage and use the acquired data, and NBS operation and maintenance to support their co-management. Updates to Nature-Based Solutions Performance and Impact Monitoring indicators and methods together with the comprehensive discussion on monitoring scales serve as a basis for designing a robust and scientifically sound monitoring scheme. The handbook contributes to all steps of the PLAN-DO-CHECK-ACT cycle and can be used as a reference throughout an NBS project.

EXPECTED IMPACT

Practitioners and other stakeholders involved in any step of an NBS project will benefit from the contents of the handbook, as it includes tips and good practices based on the experiences of UNaLab cities and knowledge generated throughout the UNaLab project. It serves as one of the primary sources in the UNaLab Replication Framework and refers to in-depth reports and handbooks for further reading. The handbook collects various case studies from the UNaLab front-runner and follower cities to illustrate the real-life examples tied to the contents of each chapter.

